The Department of Campus Life is located on the Mount Carmel Campus, in the Carl Hansen Student Center. Campus Life is the center for co-curricular engagement where students find their place, pursue interests and develop passions, cultivate their leadership capacity, and nurture affinity for Quinnipiac. The department is committed to providing a variety of services, programs and leadership opportunities while working with campus partners to ensure the Carl Hansen and Rocky Top Student Centers continuously provide space for all members of the Quinnipiac community to come together in a relaxed atmosphere. Campus Life encompasses the following offices: Student Engagement, Community Engagement, Recreation and Fraternity & Sorority Life. The department also provides guidance and advisement to the following areas: student organization programs and services, new student and family orientation, fraternities and sororities, student media organizations, the Student Government Association, community service groups, the Student Programming Board, club sports, intramurals, and university-wide student leadership programs. In addition, the office employs hundreds of student staff, providing career development opportunities in various positions which support the daily operations of the two student centers, three fitness and recreation centers, orientation, community work-study and other area functions.

The Office of Community Engagement is the central resource for students, faculty and staff interested in engaging with the local community. The office provides support to students and faculty interested in community engagement and service learning, and is responsible for both expanding and coordinating programs encouraging service, civic engagement and volunteerism at the local, national and international level. The Office of Community Engagement is the area which keeps, certifies and reports all completed student service hours at Quinnipiac. All service hours should be reported to the office through the appropriate Do You QU form so they may be reviewed, verified and confirmed on behalf of the institution.

The Office of Student Engagement empowers, educates and engages the Quinnipiac community in a culture of co-curricular development. The programs, services and spaces managed by the office play a vital role in transitioning students into, throughout and beyond the undergraduate community. The office cultivates socially conscious, critically minded and globally aware environments and individuals.

The Office of Fraternity & Sorority Life is committed to advancing fraternities and sororities through intellectual and interpersonal development within the Quinnipiac University community and beyond. The office is guided by a set of shared values, known as the Four Pillars, which shape all community programming and initiatives from a student's new member experience through Commencement. The Four Pillars are Leadership through strength of character, Growth through intellectual excellence, Service through civic engagement, and Community through diversity and inclusion.

The Office of Recreation is committed to helping students achieve wellness success through innovative programming and state-of-the-art facilities. Recreation oversees three areas: Club Sports, Fitness Center Operations and Intramurals. Be a part of a team or challenge yourself to live a healthier lifestyle.