## DOCTOR OF NURSING PRACTICE (DNP)

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The DNP is a practice-focused terminal degree that prepares nurse leaders at the highest level of nursing practice to improve patient outcomes and population health. The DNP program aims to prepare nurses with advanced knowledge, leadership skills and advanced competencies to collaborate with members of the interdisciplinary team to improve the quality of care.

## **Post-Master's Program**

For students with a master's degree in nursing or a related field, the postmaster's doctoral option offers an opportunity to advance career goals in one of two online programs:

- Doctor of Nursing Practice Care of Populations (http:// catalog.qu.edu/graduate-studies/nursing/nursing-practice-dnp/careof-populations/)
- Doctor of Nursing Practice Nursing Leadership (http:// catalog.qu.edu/graduate-studies/nursing/nursing-practice-dnp/ nursing-leadership/)

Students in the Doctor of Nursing Practice program are able to choose from two concentrations: Care of Populations and Nursing Leadership. The Care of Populations concentration focuses on public health and healthcare system analysis, which is useful for systematic chronic disease management and healthcare services design. Students in the Nursing Leadership concentration may come with or without past experiences in management. The courses prepare students for leadership responsibilities and roles across the healthcare field.

# Technical Standards for School of Nursing Students

Quinnipiac University School of Nursing provides the following technical standards to inform incoming and enrolled students of the performance abilities and characteristics that are necessary to successfully complete the requirements of the nursing curriculum and provide effective and safe healthcare. The student must meet technical standards with or without reasonable accommodations and maintain related satisfactory demonstration of these standards for progression throughout the program and graduation from the program.

An individual must be able to independently, with or without reasonable accommodation, meet the following technical standards of general abilities, and those specifically of key areas for technical standards in nursing include having abilities and skills in the areas of: (1) Observation, (2) Communication, (3) Motor, (4) Intellectual, Conceptual, Integrative, Quantitative, (5) Behavioral-Social, and (6) Ability to Manage Stressful Situations.

#### **General Abilities**

The student is expected to possess functional use of the senses of vision, touch, hearing and smell so that data received by the senses may be integrated, analyzed and synthesized in a consistent and accurate manner. A student must also possess the ability to perceive pain, pressure, temperature, position, vibration and movement which

are important to the student's ability to gather significant information needed to effectively evaluate patients. A student must be able to respond promptly to urgent situations that may occur during clinical training activities and must not hinder the ability of other members of the healthcare team to provide prompt treatment and care to patients.

#### **Specific Key Areas**

#### 1. Observational Ability

The student must have sufficient capacity to make accurate visual observations and interpret them in the context of laboratory studies, medication administration, and patient care activities. In addition, the student must be able to document these observations and maintain accurate records.

#### 2. Communication Ability

The student must communicate effectively to elicit information and to translate that information to others. Each student must have the ability to read, write, comprehend and communicate effectively within the English language to facilitate communication with patients, their family members and other professionals in healthcare settings. In addition, the student must be able to present information in a professional, logical manner and provide patient counseling and instruction to effectively care for patients and their families. The student must possess verbal and written communication skills that permit effective communication with instructors and students in the classroom, laboratory and clinical settings.

#### 3. Motor Ability

The student must be able to perform gross and fine motor movements with sufficient coordination needed to perform complete physical examinations utilizing the techniques of inspection, palpation, percussion, auscultation and other diagnostic maneuvers. A student must develop the psychomotor skills reasonably needed to perform or assist with procedures, treatments, administration of medication, and management and operation of diagnostic and therapeutic medical equipment, and such maneuvers to assist with patient care activities such as lifting, wheelchair guidance and mobility. The student must have sufficient levels of neuromuscular control and eye-to-hand coordination as well as possess the physical and mental stamina to meet the demands associated with extended periods of sitting, standing, moving and physical exertion required for satisfactory and safe performance in the clinical, laboratory and classroom settings including performing CPR, if necessary. The student must possess the ability of manual dexterity that would be required for certain activities, such as drawing up solutions in a syringe.

- 4. Intellectual, Conceptual, Integrative and Quantitative Abilities The student must be able to develop and refine problem-solving skills that are crucial to practice as a nurse. Problem solving involves the abilities to measure, calculate, reason, analyze and synthesize objective and subjective data, and to make decisions, often in a time-urgent environment, that reflect consistent and thoughtful deliberation and sound clinical judgment. Each student must demonstrate mastery of these skills and possess the ability to incorporate new information from peers, teachers and the nursing and medical literature to formulate sound judgment in patient assessment, intervention, evaluation, teaching, and setting short- and long-term goals.
- 5. Behavioral, Social and Professional Attributes

Compassion, integrity, motivation, effective interpersonal skills and concern for others are personal attributes required of those in the nursing programs. Personal comfort and acceptance of the role of a nurse functioning under supervision of a clinical instructor

or preceptor is essential for a nursing student. The student must possess the skills required for full utilization of the student's intellectual abilities; the exercise of good judgment; the prompt completion of all responsibilities in the classroom, laboratory and clinical settings; and the development of mature, sensitive and effective relationships with patients and other members of the healthcare team. Each student must be able to exercise stable, sound judgment and to complete assessment and interventional activities. The ability to establish rapport and maintain sensitive, interpersonal relationships with individuals, families and groups from a variety of social, emotional, cultural and intellectual backgrounds is critical for practice as a nurse. The student must be able to adapt to changing environments; display flexibility; accept and integrate constructive criticism given in the classroom, laboratory and clinical settings; effectively interact in the clinical setting with other members of the healthcare team; and learn to function cooperatively and efficiently in the face of uncertainties inherent in clinical practice. The student must demonstrate intent and desire to follow the ANA Standards of Care and Nursing Code of Ethics.

#### 6. Ability to Manage Stressful Situations

The student must be able to adjust to and respond effectively to stressful situations in both the classroom and clinical settings, including emergency situations. The student will experience multiple stressors while in the nursing program. Stressors may be (but are not limited to) personal, patient/family care, faculty/peer and/or programrelated.

## Accessibility and the School of Nursing Technical Standards

The Quinnipiac University School of Nursing maintains a strong institutional commitment to equal educational opportunities for qualified students with disabilities who apply for admission and/or who are already enrolled. Our core values include: belonging, collaboration, compassion, curiosity, and integrity. These core values translate into our work with students, including those with disabilities. The mission of the School of Nursing is to develop exceptional, practice-ready nurses as leaders in holistic care through innovative and inclusive education.

The Technical Standards are not intended to deter any candidate for whom reasonable accommodation will allow equal access to Quinnipiac University programs and services and fulfillment of the complete curriculum. A reasonable accommodation is a modification or adjustment to an instructional activity, facility, program or service that removes barriers and enables a qualified student with a disability to have an equal opportunity to participate in all Quinnipiac University student activities.

Decisions regarding reasonable accommodation are determined on a case-by-case basis taking into consideration each student's disability-related needs, supporting medical documentation, history of use of accommodations and program requirements. While Quinnipiac University will make every effort to work with students with disabilities to accommodate their disability-related needs, Quinnipiac University is not required to provide accommodations that fundamentally alter the student learning outcomes or waive essential program requirements.

The Office of Student Accessibility (OSA), located in the Learning Commons on Mount Carmel and North Haven, provides students with disabilities a confidential review within the interactive accommodation process to determine whether there are any reasonable accommodations that would provide equal access to the student learning outcomes. The OSA serves prospective and current students with disabilities affecting mobility, vision, hearing and learning as well as physical or mental health challenges. The OSA can be contacted at 203-582-7600 or by emailing <u>access@qu.edu</u>

## **Student Learning Outcomes**

The objectives of the DNP program are designed to prepare graduates for advanced nursing practice who are capable of providing holistic health care for diverse individuals, families or populations in a variety of settings. Specifically, the program seeks to produce graduates who:

- 1. Evaluate critical thinking and decisions of individuals and teams, leading actions to improve decision making and the use of high-quality information and evidence.
- 2. Role model adaptive thinking when faced with challenges by exhibiting expert flexibility, creativity, and critical analysis.
- 3. Advocate for ethical advanced nursing practice and adhere to ethical principles in the conduct and dissemination of scholarship.
- 4. Evaluate equitable, holistic, person-centered, and evidence-informed care coordinated to improve the health of diverse communities and populations.
- 5. Evaluate and critique systems to create evidence-based interventions for delivery of safe, equitable, and high-quality care.
- 6. Lead and participate in system-level change that utilizes individual, organizational, and community level data to deliver and direct innovative, holistic patient-centered care that improves health outcomes leveraging healthcare technologies and informatics.
- 7. Role model holistic self-care practices that promote well-being, resilience, and lifelong learning of self and others in complex care environments and healthcare systems.
- 8. Model and mentor others in professional growth while leading strategic advocacy to shape health policy and transform care systems.

### **Doctor of Nursing Practice programs** Post-master's study

- Doctor of Nursing Practice Care of Populations (http:// catalog.qu.edu/graduate-studies/nursing/nursing-practice-dnp/careof-populations/)
- Doctor of Nursing Practice Nursing Leadership (http:// catalog.qu.edu/graduate-studies/nursing/nursing-practice-dnp/ nursing-leadership/)

## **Admission Requirements**

- At least one year of full-time RN or APRN experience (approximately 2000 hours)
- Earned BSN with 3.0 GPA
- Earned MSN with 3.0 GPA
- Graduate statistics with grade B- or better (or conditional acceptance & take at Quinnipiac)

Applicants should submit the following to the Office of Graduate Admissions:

- 1. Official transcripts from all schools previously attended.
- Official recent results of the Test of English as a Foreign Language (TOEFL) or International English Language Testing System (IELTS) for international applicants.
- 3. CV or resume.
- 4. Copy of unencumbered and unrestricted RN or APRN license.

- 5. Competitive applicants will provide a minimum of one reference from professional supervisors or faculty who can speak specifically to the applicant's professionalism, strengths and opportunities, and an example of practice excellence. Please indicate the applicant's potential for doctoral level study.
- 6. Personal Statement (see application)
- 7. Optional: Submission of publication or presentations (maximum of two)

Applications for full-time and part-time study are accepted on a rolling basis. Final deadlines are generally two weeks prior to the start of classes. Applications are evaluated once all materials are received by Quinnipiac. Students are encouraged to submit their applications as early as possible for their desired semester. Class sizes are limited.

All accepted students are required to complete a background check and urine drug screen following acceptance and before the start of classes. Acceptances are conditional until satisfactory completion of both.

After acceptance students must also submit a MSN Hours Verification Form from their MSN program indicating the total number of supervised clinical practice hours, if any, that they completed. Up to 500 hours are accepted.

Note: For QU MSN NP graduates, no new admission application is required within a two-year period from MSN graduation. Contact the graduate program director to continue into the Post-Master's DNP.

## **Transfer Credits**

Graduate course credit completed with a grade of B or better at another regionally accredited institution may be considered for transfer credit in place of a similar course. Courses must be at the same level (i.e., an undergraduate course may not be transferred in place of a master's level course) and taken within the past five years. Transfer credit is granted upon admission to the program only. The course description and/or syllabus and a copy of the transcript with a request for transfer credit must be sent/emailed to the program director of the graduate nursing programs.

## **DNP Project**

The DNP evidence-based quality improvement project is a scholarly work that aims to improve clinical practice and is therefore required of students completing a practice doctorate in nursing. It contains the following key elements: Problem identification; Search, analysis, and synthesis of the literature and evidence; Translating evidence to construct a strategy or method to address a problem; Designing a plan for implementation and actual implementation; Evaluation of the outcomes, process, and experience.

During the project, the student identifies a quality gap through analysis of de-identified aggregate data that is of interest to the student and of value to the organization. Students conduct an organizational assessment using quality improvement methodology and tools to identify opportunities for improvement, map the process and conduct root cause analysis. The DNP student uses advanced skills to search for the best evidence to inform practice, to appraise and synthesize that evidence, and to use implementation models and implementation science to translate that evidence into a feasible, robust improvement plan. The student uses change theory and a valid implementation model to guide the project. The student evaluates outcomes, plans for sustainability of the improvement, disseminates findings of the project, and defends their doctoral work at Quinnipiac University. Each step is guided and evaluated by the faculty (DNP Project Chair).